



190 North Pointe Blvd. , Suite 1
Lancaster, PA 17601

PATIENT INSTRUCTIONS

POST-OP SCLEROTHERAPY

Immediately after treatment the small caliber veins will appear red and inflamed. Over the next week, the veins may have a bruised appearance and then change to a brownish color before fading. Allergic reaction to the sclerosant is rare. Improvement of the treated varicosities may be expected in a few weeks.

- 1) Pressure dressings applied to the sites with cotton balls and micropore tape may be removed the day following sclerotherapy.
- 2) Compression stockings/ace bandages should be worn throughout the day following treatment. Remove the stockings/ace bandages at night. Continue with compression therapy during daytime hours for the next 4 to 5 days.
- 3) Avoid hot baths, hot showers, hot tubs, saunas, and intense work-outs for the first 72 hours.
- 4) Walking is recommended immediately after the procedure and for the first 72 hours.
- 5) Apply a broad spectrum sunscreen to treated areas to prevent pigmentations changes from sun exposure.

If you have any questions, please call our office 717-560-6444.
Visit our website at www.lancasterskincenter.com