

190 North Pointe Blvd., Suite 1 Lancaster, PA 17601

PATIENT INSTRUCTIONS

AFTER A PUNCH BIOPSY

You have had a surgical procedure that will require some special wound care. Please follow the steps below:

- 1. Keep the Band-aid that you have on when you leave our office in place for about 24 hours. Do not get the area wet for about 24 hours.
- 2. Tomorrow morning, remove the bandage. Cleanse the area gently with mild soap and water. Apply Aquaphor ointment and a new Band-aid.
- 3. Repeat wound care every day. Cleanse the area gently with mild soap and water. Apply Aquaphor and a new Band-aid every day until you return to the office for suture removal. Studies have shown that wounds heal faster and better when kept moist under a bandage.
- 4. Avoid tub bathing or swimming until you have had the sutures removed. You may get the site wet in the shower after the first 24 hours, but avoid prolonged exposure to water. Please schedule an appointment at our office to have the sutures removed in 7 days.
 - ---If you have any questions, please call 717-560-6444---
 - ---visit our website at www.lancasterskincenter.com---