



MEDICAL | SURGICAL | COSMETIC
190 North Pointe Blvd., Suite 1
Lancaster, PA 17601

POST-OP WOUND CARE INSTRUCTIONS

Wound Seal MD Powder

Wound Seal MD Powder quickly forms a seal that stops bleeding and provides a microbial barrier to protect the site. The protective seal stays on the wound until it is healed, then falls off naturally.

1. Keep the wound site dry and covered with a non-adherent dressing for approximately 48 hours.
2. After 48 hours, remove the dressing. The area may get wet, but do not scrub or wash the powder from the wound. As the wound begins to heal, the powder will fall off naturally. The wound should be covered daily with a dressing for 7-10 days or longer as needed.
3. As the powder begins to fall off, apply clean Vaseline or Aquaphor ointment to the site to prevent the wound from drying out and forming a thick scab. Studies have shown that wounds heal faster and better when kept moist.
4. If bleeding occurs any time after surgery, apply continuous pressure for 20 minutes. If bleeding continues, call the office.
5. AVOID strenuous activity for 2-3 weeks after surgery (no heavy lifting or strenuous exercise).
6. Avoid alcoholic beverages for a few days after surgery. If you should experience any discomfort or pain, you may take Tylenol (1-2 tablets every 6 hours).
7. If the area should become very sore or red, please notify us.
8. It is not unusual for there to be a bruise around the wound site that may last for 2-5 days.

If you have any questions, please call (717) 560-6444.

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