



190 North Pointe Blvd. Suite 1
Lancaster, PA 17601

POST PRODECURE CARE INSTRUCTIONS FOR IPL

- WAIT 12 HOURS BEFORE WASHING FACE, THEN ONLY USE A GENTLE CLEANSER— WASH TREATED AREA WITH HANDS NOT A WASH CLOTH.
- AFTER YOU WASH YOUR FACE, APPLY SUNSCREEN WITH SPF OF 30 OR HIGHER, A MOISTERIZER IF NECESSARY, AND YOU CAN USE A POWDER-BASED MINERAL MAKE-UP.
- IF YOU ARE OUT IN THE SUN, YOU NEED TO REAPPLY SUNSCREEN EVERY FOUR HOURS.
- DO NOT PICK OR SCRATCH AT THE LITTLE SCABS, LET THEM FALL OFF ON THEIR OWN, APPROXIMATELY 3-5 DAYS.
- AVIOD THERMAL TRAUMA SUCH AS HOT SHOWERS, WHIRLPOOL, STEAM ROOMS, SAUNAS, ECT. FOR TWO DAYS FOLLOWING THE TREATMENT.
- DO NOT TAKE ANY ANTI-INFLAMMATORY MEDICATIONS FOR 1 WEEK FOLLOWING TREATMENT. IE: IBUPROFEN, ADVIL, MOTRIN, EXCEDRINE, NUPRIN, OR ANTIHISTAMINE MEDICAITONS
- IF YOU HAVE ANY PROBLEMS OR CONCERNS, PLEASE CALL THE OFFICE AT
 - 717-560-6444